

**Company Number: 498892**

**Superlife Limited**  
**Unaudited Abridged Financial Statements**  
**for the year ended 28 February 2025**

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# **Superlife Limited**

## **DIRECTORS' AND OTHER INFORMATION**

**Directors** Diarmuid Russell  
Talya Lewin

**Company Secretary** Diarmuid Russell

**Company Number** 498892

**Registered Office** Moneyhill  
Ashbourne  
Co Meath

**Bankers** Bank of Ireland  
College Green  
Dublin 2

**Accountant** Biz-Man  
11, Pinewood Court  
Huntstown  
Dublin 15  
Ireland

# Superlife Limited

## STATEMENT OF DIRECTORS' RESPONSIBILITIES

for the year ended 28 February 2025

The directors are responsible for preparing the Directors' Report and the financial statements in accordance with applicable Irish law and Generally Accepted Accounting Practice in Ireland including the accounting standards issued by the Financial Reporting Council and promulgated by.

Irish company law requires the directors to prepare financial statements giving a true and fair view of the state of affairs of the company and the profit or loss of the company for each financial year. Under that law the directors have elected to prepare the financial statements in accordance with Irish Generally Accepted Accounting Practice (accounting standards issued by the Financial Reporting Council and Irish law).

In preparing these financial statements, the directors are required to:

- select suitable accounting policies and apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2014. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Signed on behalf of the board**



**Diarmuid Russell**  
**Director**



**Talya Lewin**  
**Director**

**18 November 2025**

**Superlife Limited**  
**ABRIDGED BALANCE SHEET** as at 28 February 2025

	Notes	2025 €
<b>Fixed Assets</b>		5233
<b>Current Assets</b>		
Cash at bank and in hand		7783
<b>Debtors</b>		9500
<b>Creditors:</b>		
Amounts falling due within one year	2	(2730)
Tax Creditors	3	9113
<b>Net Current Assets</b>		17283
<b>Total Assets less Current Liabilities</b>		<u>16133</u>
<b>Capital and Reserves</b>		
Called up share capital	4	2
Profit and Loss Account		88203
Shareholders Funds		(72070)
<b>Total Net Worth</b>		<u>16133</u>

We, as Directors of Superlife Limited, state that -

- (a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014,
- (b) the company is availing itself of the exemption on the grounds that the conditions specified in s.358 are satisfied,
- (c) the shareholders of the company have not served a notice on the company under s.334(1) in accordance with s.334(2),
- (d) we acknowledge the company's obligations under the Companies Act 2014, to keep adequate accounting records and prepare Financial Statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of Companies Act 2014 relating to Financial Statements so far as they are applicable to the company,
- (e) the company has relied on the specified exemption contained in s.352 Companies Act 2014; has done so on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged Financial Statements have been properly prepared in accordance with s.353 Companies Act 2014.

**Signed on behalf of the board**

*Diarmuid Russell*

**Diarmuid Russell**  
**Director**

*Talya Lewin Russell*

**Talya Lewin**  
**Director**

**18 November 2025**

# Superlife Limited

## NOTES TO THE ABRIDGED FINANCIAL STATEMENTS

for the year ended 28 February 2025

### 1. ACCOUNTING POLICIES

#### Basis of preparation

The financial statements have been prepared on the going concern basis and in accordance with generally accepted accounting principles in Ireland and Irish statute comprising the Companies Act 2014. They comply with the financial reporting standards of the Financial Reporting Council. The following accounting policies have been applied consistently in dealing with items which are considered material in relation to the company's financial statements.

#### Cash flow statement

The company has availed of the exemption in FRS 1 from the requirement to produce a cash flow statement because it is classed as a small company.

#### Turnover

Turnover comprises the invoice value of goods supplied by the company, exclusive of trade discounts and value added tax.

#### Taxation

Current tax represents the amount expected to be paid or recovered in respect of taxable profits for the year and is calculated using the tax rates and laws that have been enacted or substantially enacted at the balance sheet date.

#### Foreign currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the rates of exchange ruling at the balance sheet date. Transactions, during the year, which are denominated in foreign currencies are translated at the rates of exchange ruling at the date of the transaction. The resulting exchange differences are dealt with in the profit and loss account.

### 2. CREDITORS 2025 €

#### Included in creditors:

#### Amounts falling due within one year

Trade Creditors	1388
Directors Loans	(4118)

#### Amounts falling due after one year None

0

### 3. TAXATION 2025 €

PREM	10521
VAT (Prepaid)	(1408)

### 4. SHARE CAPITAL 2025 €

Description	No of shares	Value of units	
<b>Authorised</b>			
Ordinary Shares	1,000,000	€1 each	1,000,000
<b>Allotted, called up and fully paid</b>			
Ordinary Shares	2	€1 each	2

**Superlife Limited**  
**NOTES TO THE ABRIDGED FINANCIAL STATEMENTS**

continued

for the year ended 28 February 2025

The directors' and the secretary's interests in the shares of the company are as follows:-

<b>Name</b>	<b>Class of Shares</b>	<b>Number Held At 28/02/25</b>
Diarmuid Russell	Ordinary Shares	1
Talya Lewin	Ordinary Shares	1
		2
<b>5. DIRECTORS' REMUNERATION</b>		<b>2025</b>
		<b>€</b>
Remuneration		NIL
<b>6. APPROVAL OF FINANCIAL STATEMENTS</b>		

The financial statements were approved and authorised for issue by the board of directors on 18 November 2025.