

CERTIFICATE NO. 718054

Fit For Me Cardiac Rehabilitation Services CLG

A company limited by guarantee not having a share capital

Reports and Unaudited Financial Statements

For The Year Ended

30th September 2025

**Prepared by
Ronan Leech and Company
Chartered Certified Accountants**

Fit For Me Cardiac Rehabilitation Services CLG

Contents

<u>Contents</u>	<u>Pages</u>
Contents	2
Company Information	3
Extract from Directors Report	4
Statement of Directors' Responsibilities	5
Accounting Policies	6
Balance Sheet	7
Balance Sheet cont'd	8
Notes to the Modified Financial Statements	9

Fit For Me Cardiac Rehabilitation Services CLG

Directors and Other Information

Directors	Mella Fitzgerald Eamonn Fitzgerald
Secretary	Mella Fitzgerald
Company Number	718054
Registered Office	82 Malahide Road Clontarf Dublin 3
Accountants	Ronan Leech and Company Chartered Certified Accountants Hill House 26 Sign Hill Road Drumcondra Dublin 9

Fit For Me Cardiac Rehabilitation Services CLG

Extract from the Director's Report in accordance with section 329 of the Companies Act 2014

Directors and Secretary and their interests in shares of the company

The directors and secretary who served during the year and their interests in the company are stated below :

	Ordinary Shares	
	30/09/2025	30/09/2024
Mella Fitzgerald	-	-
Eamonn Fitzgerald	-	-

The original report was approved by the board on 9th February, 2026 and signed by Mella Fitzgerald and Eamonn Fitzgerald.

Fit For Me Cardiac Rehabilitation Services CLG

Statement of Directors' Responsibilities and declaration on unaudited financial statements.

General Responsibilities

Company Law requires the directors to prepare financial statements for each financial year giving a true and fair view of the state of affairs of the company and of the profit or loss of the company for the period.

The directors are responsible for keeping proper books of account which disclose with reasonable accuracy at any time the financial position of the company and to ensure that the financial statements comply with the Companies Acts 2014 and all Regulations to be construed as one with those acts. They are also responsible for ensuring the company otherwise complies with the provisions of those Acts relating to the financial statements as far as they are applicable to the company.

They are also responsible for taking such steps as are reasonably open to them to safeguard the assets of the company and hence for taking steps for the prevention and detection of fraud and other irregularities.

Directors' declaration on unaudited financial statements.

In relation to the financial statements as set out on pages 4 to 6 :

- (a) The directors approve these financial statements and confirm that they are responsible for them, including selecting the appropriate accounting policies, applying them consistently and making, on a reasonable and prudent basis, the judgments underlying them. They have been prepared on the going concern basis on the grounds that the company will continue in business.
- (b) the directors confirm that to the best of their knowledge and belief, the accounting records reflect all the transactions of the company for the year ending 30th September, 2025.

On behalf of the board

Mella Fitzgerald
Director

Eamonn Fitzgerald
Director

Date : 9th February 2026

Fit For Me Cardiac Rehabilitation Services CLG

Accounting Policies

The significant accounting policies adopted by the company are as follows:-

Historical Cost Convention

These accounts are prepared under the historical cost convention.

Tangible Assets

Freehold land and buildings are stated at cost or valuation less accumulated depreciation on buildings.

Depreciation is calculated in order to write off the cost of the tangible assets over their estimated useful lives by equal annual instalments or reducing annual instalments.

Leases

Where tangible assets are financed by leasing agreements which transfer the risks and benefits of ownership (finance leases), they are treated as if they had been purchased outright at the present values of the minimum lease payments. The corresponding obligations are shown in the balance sheet as finance leases.

Depreciation is calculated in order to write off the amounts capitalised over the estimated useful lives of the assets by equal annual instalments.

The excess of the total rentals under a lease over the amount capitalised is treated as interest, which is charged to the profit and loss account in proportion to the amount outstanding under the lease.

Stocks

Stocks are stated at the lower of cost and net realisable value.

Foreign Currencies

Monetary assets and liabilities denominated in foreign currencies are translated at the exchange rates ruling at the balance sheet date and revenues, costs and non-monetary assets at the exchange rates ruling at the dates of the transactions.

Profits and losses arising from foreign currency translations and on settlement of amounts receivable and payable in foreign currency are dealt with through the profit and loss account.

Monetary assets are monies held and amounts to be received in money. All other assets are non-monetary assets.

Fit For Me Cardiac Rehabilitation Services CLG

Balance Sheet as at 30th September,2025

		2025	2024
	Notes	€	€
<u>Fixed Assets</u>			
Tangible assets	1.	-	1,662
Financial assets		-	-
		<u>-</u>	<u>1,662</u>
<u>Current Assets</u>			
Stocks		-	-
Debtors and prepayments	2.	-	-
Cash at Bank and in Hand		464	1,966
		<u>464</u>	<u>1,966</u>
<u>Creditors</u>			
(Amounts falling due within one year)	3.	300	3,095
		<u>300</u>	<u>3,095</u>
<u>Net Current Assets (Liabilities)</u>		<u>164</u>	<u>(1,129)</u>
<u>Total Assets less Current Liabilities</u>		164	533
<u>Creditors</u>			
(Amounts falling due after one year)		-	-
<u>Total Assets less Current Liabilities</u>		<u><u>164</u></u>	<u><u>533</u></u>

Fit For Me Cardiac Rehabilitation Services CLG

Balance Sheet as at 30th September, 2025 - continued

	Notes	2025 €	2024 €
<u>Capital and Reserves</u>			
Called up share capital	4.	-	-
Revenue reserves		164	533
		<u>164</u>	<u>533</u>

The directors have relied on the specific exemption contained in Section 352 of the Companies Act 2014 on the grounds that the company is entitled to the benefit of that exemption as a small company and the abridged financial statements have been properly prepared in accordance with Section 353.

The directors state that :

- (a) the company is availing itself of the exemption provided for by Chapter 15 of Part 6 of the Companies Act 2014 ;
- (b) the company is availing itself of the exemption on the grounds that Section 358 is complied with ;
- (c) no notice under subsection (1) of Section 334 has, in accordance with subsection (2) of that section, been served on the company ;
- (d) they acknowledge the company's obligations under Companies Act 2014, to keep adequate accounting records and to prepare Financial Statements which give a true and fair view of the assets, liabilities and financial position of the company at the end of its financial year and of its profit or loss for such a year and to otherwise comply with the provisions of the Companies Act 2014 relating to Financial Statements so far as they are applicable to the company.

The abridged accounts were approved by the directors on 6th February, 2026 and signed on its behalf by

Mella Fitzgerald
Director

Eamonn Fitzgerald
Director

Fit For Me Cardiac Rehabilitation Services CLG

Notes to the Modified Financial Statements for the year ended 30th September, 2025

1. Tangible Fixed Assets

	Motor Vehicles Euro	Fix./Fitts & Equipment Euro	Total Euro
Cost 30/09/2025	-	-	-
Depreciation	-	-	-
Net Book Value	-	-	-

2. Debtors

	2025 €	2024 €
Trade and Other Debtors	-	-

3. Creditors (Amounts falling due within one year)

	2025 €	2024 €
Trade and Other Creditors	300	3,095